

ELEVATED IMAGE

Advanced Medical Aesthetics & Primary Care • Joshua Le, DO

4300 Talbot Road S, Suite 105, Renton, WA 98055 • Tel 206-395-4748 • Fax 206-703-2817 • Joshua.Le@ElevatedImageHealthClinic.com

INFORMED CONSENT FOR RADIOFREQUENCY (RF) MICRONEEDLING

Microneedling with Radiofrequency Energy — Skin Tightening & Resurfacing

Patient name		Date of birth	
Date of treatment		Provider	Joshua Le, DO

Treatment area(s): _____

Treatment area(s): ☐ Face ☐ Neck ☐ Décolletage ☐ Acne scars ☐ Body/stretch marks ☐ Other: _____ Fitzpatrick skin type (I-VI): _____

1. How RF Microneedling Works

RF microneedling combines two treatments: fine needles create controlled micro-injuries in the skin, and radiofrequency (RF) energy is delivered through those needles to heat the deeper skin (dermis). Together they stimulate new collagen and elastin to improve skin texture, pores, fine lines, acne and other scars, and mild laxity. A topical numbing cream is typically used. Settings (needle depth and energy) are individualized by the provider.

2. Sessions & Expected Results

- **Series:** A series of treatments (commonly 3–4) spaced ~4 weeks apart is usually recommended.
- **Timeline:** Some improvement is early, but collagen remodeling develops gradually over 3–6 months.
- **No guarantee:** Individual results vary; maintenance may be needed and a specific outcome cannot be guaranteed.

3. Alternatives

Alternatives include: no treatment; topical skincare; traditional microneedling; chemical peels; ablative or non-ablative lasers; and other energy-based skin-tightening devices. Each has its own risks, benefits, downtime, and cost.

4. Medical History & Contraindication Screening

Are you pregnant, trying to conceive, or breastfeeding?	Yes ☐ No ☐
Do you have a pacemaker, defibrillator (ICD), cochlear implant, or other implanted electronic device?	Yes ☐ No ☐
Any metal implant, or permanent filler, in or near the treatment area?	Yes ☐ No ☐
Active infection, acne flare, cold sore (HSV), or inflamed/broken skin in the treatment area?	Yes ☐ No ☐
Isotretinoin (Accutane) use within the past 6–12 months?	Yes ☐ No ☐
History of keloid or hypertrophic (raised) scarring, or poor wound healing?	Yes ☐ No ☐
Autoimmune/connective-tissue disease, immunosuppression, or active cancer/undergoing treatment?	Yes ☐ No ☐
Bleeding/clotting disorder, or blood thinners/aspirin/NSAIDs?	Yes ☐ No ☐
Recent injectables or other facial procedures in the area (within ~2 weeks)?	Yes ☐ No ☐
History of hyperpigmentation, or recent sun exposure/tanning (past 2 weeks)?	Yes ☐ No ☐

Other medications, supplements, allergies, or conditions: _____

5. Risks and Potential Side Effects

- **Redness, swelling & pinpoint bleeding:** Expected for 1–3 days; skin may feel warm and sunburned.
- **Bruising, dryness, peeling, or "grid" tracking marks:** Temporary marks from the needle/RF pattern.
- **Breakouts, milia, or cold-sore (HSV) reactivation:** Antiviral may be prescribed for facial treatment.
- **Hyperpigmentation or hypopigmentation:** Temporary or, less commonly, prolonged color change; higher risk in darker skin (Fitzpatrick IV–VI). Strict sun avoidance is required.
- **Infection:** Uncommon; keep the area clean and follow aftercare.
- **Burns, blistering, or thermal injury:** From the RF energy — uncommon but possible, more likely with aggressive settings.
- **Scarring or textural change:** Rare; risk increases with infection, picking, or aggressive treatment.
- **Prolonged redness, nodules, or firmness:** Usually resolves over time.
- **Incomplete or no response:** Results vary; a series and maintenance may be needed.

- **Eye injury:** Protective eyewear is worn at all times during treatment.

IMPLANTED DEVICES / METAL: RF energy can interfere with pacemakers, defibrillators, and other implanted electronic devices, and metal in the treatment area can concentrate heat. Tell your provider about any implanted device or metal before treatment. Initial: _____

6. Pre- & Post-Treatment Care

- Stop retinoids, exfoliating acids, and other actives for several days before treatment as directed; arrive with clean skin and no makeup.
- Expect redness/swelling for 1–3 days; use only gentle, approved skincare and keep the skin moisturized.
- Strictly avoid sun; use broad-spectrum mineral SPF once the skin has calmed. Avoid makeup for ~24 hours and heat/sweating/exercise for ~24–48 hours.
- Do not pick or scratch; take any prescribed antiviral as directed; report signs of infection or blistering promptly.

7. Photography, Financial & Acknowledgments

I consent to clinical photographs for my record and treatment planning (other use requires separate authorization). I understand this is an elective, self-pay treatment priced per session/package, that results are not guaranteed, and that a series and maintenance at additional cost are typically required. My screening information is true and complete. I may withdraw consent at any time.

8. Consent to Treat

I have read and understand this consent, my questions have been answered to my satisfaction, and I consent to RF microneedling treatment(s) by Joshua H. Le, DO, and/or designated staff.

_____	_____	_____
Patient signature	Print name	Date
_____	_____	_____
Provider signature (Joshua Le, DO)	Witness (if used)	Date

Office Use — Treatment Record

Date	Device	Depth / energy	Area / passes

TEMPLATE — verify against Washington State disclosure requirements and your malpractice carrier before clinical use.