

ELEVATED IMAGE

Advanced Medical Aesthetics & Primary Care • Joshua Le, DO

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INFORMED CONSENT FOR LASER SPIDER VEIN TREATMENT

1064 nm Nd:YAG Laser (Vascular Mode) — Facial & Leg Telangiectasias

Patient name		Date of birth	
Date of treatment		Provider	Joshua Le, DO

Treatment area(s): _____

Treatment area(s): ☐ Face (nose/cheeks) ☐ Legs ☐ Other: _____ Fitzpatrick skin type (I-VI): _____

1. How Laser Vein Treatment Works

A 1064 nm Nd:YAG laser in vascular mode delivers energy that is absorbed by the blood (hemoglobin) inside small unwanted vessels — spider veins and tiny "broken" capillaries (telangiectasias). The heat damages and collapses the vessel wall, and your body gradually reabsorbs the vessel over the following weeks. The 1064 nm wavelength penetrates more deeply, which allows treatment of vessels but also requires higher energy and carries a real risk of skin burns (see Risks). This treatment is for small surface vessels and is NOT a substitute for evaluation or treatment of larger varicose veins or underlying venous disease.

2. Sessions & Expected Results

- Multiple sessions:** Several treatments spaced weeks apart are usually needed; not all vessels clear and results vary by vessel size, location, and skin type.
- Recurrence:** Treated vessels may recur and new spider veins can form over time; maintenance may be needed. Results are not guaranteed.

3. Alternatives

Alternatives include: no treatment; sclerotherapy (injection); other vascular lasers or IPL; compression; and, for larger/leg veins, evaluation by a vein specialist. Each has its own risks, results, and cost.

4. Medical History & Contraindication Screening

Are you pregnant or breastfeeding?	Yes ☐ No ☐
History of blood clots (DVT), clotting disorder, or leg-vein/venous insufficiency or varicose veins?	Yes ☐ No ☐
Do you take blood thinners or antiplatelets (warfarin, aspirin, clopidogrel, NSAIDs)?	Yes ☐ No ☐
Recent sun exposure, tanning bed, or self-tanner within the past 2-4 weeks?	Yes ☐ No ☐
Isotretinoin (Accutane) use within the past 6-12 months, or photosensitizing medication?	Yes ☐ No ☐
History of keloid/hypertrophic scarring, or of hyperpigmentation?	Yes ☐ No ☐
History of cold sores / herpes simplex (HSV) if treating the face?	Yes ☐ No ☐
Diabetes, poor circulation, or impaired wound healing?	Yes ☐ No ☐
Active infection, rash, or open skin in the treatment area?	Yes ☐ No ☐
A light-triggered seizure disorder?	Yes ☐ No ☐

Other medications, supplements, allergies, or conditions: _____

5. Risks and Potential Side Effects

- Pain, redness & swelling:** A snapping/heat sensation during treatment; redness and swelling after.
- Bruising & temporary darkening of the vessel:** The treated vessel may look darker before it fades.
- Matting:** New clusters of tiny vessels can appear near the treated area.
- Hemosiderin staining:** Brown/tan discoloration along a treated vein that can persist for months.
- Hyperpigmentation or hypopigmentation:** Temporary or, less commonly, prolonged color change; higher risk in darker or tanned skin.
- Incomplete clearance & recurrence:** Some vessels may not respond and new ones may form.
- Infection & HSV reactivation:** Uncommon; keep the area clean and take antivirals if prescribed.
- Eye injury:** Protective eyewear/shields are worn at all times during treatment.

THERMAL BURN RISK — 1064 nm Nd:YAG (vascular mode): Because the 1064 nm wavelength penetrates deeply and vascular mode uses higher energy and longer pulses to heat blood vessels, there is a real risk of skin burns, blisters, crusting/scabs, and — if settings are aggressive or the skin is tanned or darker — SCARRING and lasting color change (hyper- or hypopigmentation). Conservative settings, cooling, and test spots are used to reduce this risk, but it cannot be eliminated. I understand and accept this burn risk. Initial: _____

6. Pre- & Post-Treatment Care

- Avoid sun/tanning and self-tanner for ~2–4 weeks before and after; use broad-spectrum SPF on treated skin.
- Avoid blood thinners/NSAIDs/alcohol before treatment as directed to reduce bruising (unless prescribed).
- Do NOT pick or scratch any crusts or blisters; keep the area clean; avoid hot baths, saunas, and strenuous exercise for ~24–48 hours. For legs, wear compression if directed.
- Report blistering, spreading redness, increasing pain, or signs of infection to the clinic promptly.

7. Photography, Financial & Acknowledgments

I consent to clinical photographs for my record and treatment planning (other use requires separate authorization). I understand this is an elective, self-pay treatment priced per session, that clearance is NOT guaranteed, that vessels may recur, and that multiple sessions at additional cost are typically required. My screening information is true and complete. I may withdraw consent at any time.

8. Consent to Treat

I have read and understand this consent, my questions have been answered to my satisfaction, and I consent to 1064 nm Nd:YAG laser spider-vein treatment(s) by Joshua H. Le, DO, and/or designated staff, including the risk of thermal burn described above.

Patient signature

Print name

Date

Provider signature (Joshua Le, DO)

Witness (if used)

Date

Office Use — Treatment Record

Date	Wavelength / mode	Fluence / pulse / spot	Area / vessels

TEMPLATE — verify against Washington State disclosure requirements and your malpractice carrier before clinical use.